Survey of Carers | Centre for Care | University of Birmingham | University of Sheffield

Funded by NIHR | National Institute for Health and Care Research

YOUR VOICE MATTERS

Do you help a family member, friend, neighbour or someone else because of a long-term illness, disability, physical or mental health conditions, substance misuse, or older age?

Helping can look like:

- Cooking
- Cleaning
- Shopping
- Washing
- Housework
- Making phone calls
- Keeping someone company
- Taking someone to the doctor

If you do anything similar to the above, **you are an unpaid carer.**

Complete the **Survey of Carers** and tell the Government what would make the biggest difference to your life.

Your responses will be 100% anonymous.

SHARE YOUR VOICE



07483 450 340

surveyofcarers.bham.ac.uk.

surveyofcarers@contacts.bham.ac.uk

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